

## Tuning advice

### Arrow High:

Anchor with jaw open.  
Peeking during release to see arrow in flight.  
Hand heels bow, pushes on release.  
Hand too low on grip.  
Inconsistent reference point.  
Drawing back too far.  
Nose lifts from string.  
Chin droops down.  
Head too far back in hold or ref.  
Elbow high on draw.  
Elbow points down during draw.  
Uneven finger pressure.  
Fingers jerk back on release.  
Fingers flick down on release.  
Bowstring held too deep in draw hand.  
Uneven breathing on release.  
Too much shoulder/bow arm extension.  
Leaning away from target.

### Arrow Low:

Creeping forward.  
Bow arm drops on release.  
Bow arm bends.  
Bow wrist goes to high position.  
Bow hand too high on grip.  
Bow shoulder comes up on draw.  
Head moves forwards.  
Ref is higher than normal.  
Draw is short of anchor.  
Dead loose.  
Failure to use back muscles.  
Draw arm lowers on release.  
High elbow with side draw.  
Tension in draw hand.  
Leaning towards the target.  
Bowstring hits arm or clothing.  
One shoulder higher than the other.

### Arrow Left:

Arrow too stiff.  
Bow cants to left.  
String alignment too far right.  
Bow hand too far right on grip.  
Wrist breaks right on release.  
Bow arm moves left on release.  
Fingers pluck string.  
Draw hand fingers tighten during draw/aim.  
Draw fingers squeeze arrow nock.  
Hand grips bow too tightly.  
Anchor point too far right.  
Head pushes forward during and anchor.  
Bowstring hits bow/clothing.  
Arm collapses on release.  
Body leans back.  
Check body stance/alignment.

### Arrow Right:

Arrow too weak.  
Bow cants to right.  
String lines up too far left of sight.  
Bow hand too far left on grip.  
Wrist breaks left on release.  
Hand plucks bowstring on release.  
Too much hook on bowstring.  
Peeking too see arrow in flight.  
Failure to use back muscles on draw and hold.  
Body leans forward.  
Stance is right of target.